

Editor's Letter



Paula Rabeling

Even though Winter is knocking on our doors, there is no reason why travelling should take a back seat. Many hotels and guest houses run specials over the chilly season, and many of them will assist you in falling in love with Winter, and forgetting all about Summer fun.

One such establishment is Akademie Street Boutique Hotel. The two nights for the price of one special is sure to entice you from your couch and to Franschoek. Read all about the hotel in *Historical Luxury* on page 64.

When it comes to travelling in the off-season, there are heaps of benefits, such as avoiding crowds and lower rates. Still not convinced? Turn to *Off-Season Adventures* on page 62 to read more about why you should book a getaway when most people do not.

In the sphere of international travel, many South Africans feel like they cannot go on spontaneous overseas escapades due to visa restrictions. However, there are many countries where South Africans are able to travel without a visa. Travel writer, Monique Vanderlinden, takes a look at some of these countries in *Visa-Free Travel* on page 45.

Back to the boardroom. Are you aware of how important having a positive office

culture is for business success? Nicole Esbach of TowerStone looks into why this is so important in *Company Culture for Success* on page 37.

Further to fostering an environment people are happy to work in, it is the duty of companies to look out for and support people within organisations with mental health issues. It is time to erase the stigma and promote workplaces that offer assistance when it comes to mental wellbeing. Turn to *Mental Health in the Workplace* on page 51 to read more.

I hope you enjoy this edition of *PREMIER*; safe travels!



Anantara Medjumbe Island Resort ▲